
Course reports at the Faculty of Education and Society at Malmö University

Background information

Course name: Sport Psychology

Semester: Autumn term 2022

Ladok code: IF125E-26068

Course coordinator: Anna Funke

Number of registered students: 16

Number of students who responded to the summative course evaluation: 10

Implementation	Mark with an X
The previous course report is communicated in connection with the start of the course	x
Early dialogue on expectations for the course	X
Formative course evaluation	X
Summative course evaluation	X
Feedback to students	

Forms of evaluation

The summative course evaluation was conducted in the form of a digital survey at the end of the course. Ten students (62.5 % of the active students) responded to the digital evaluation. During the course, we constantly try to evaluate how the course content suits the students and how it is received. These sources form the basis of this course report.

Summary of the students' course evaluations

In summary, the student's feedback is mainly positive. All but one considers to a large extent they have achieved the learning objectives of the course (mean 4.1 ± 1.4 on a scale from 1-6, on the digital evaluation). Kind of the same pattern in relations to how much the course has met their expectations (mean 3.8 ± 1.5 , on a scale from 1-6, on the digital evaluation). In general, they've appreciated the learning activities, especially oral presentation (mean 4.5 ± 0.8), group activities (mean 4.4 ± 0.8), written papers (mean 4.2 ± 1.7) and field work (mean 4.2 ± 0.9). The course often includes students with different experiences and backgrounds, both academically and geographically. It is very interesting with different perspectives. Sometimes their expectation of the course is very different. For instance, in the digital course evaluation, one student suggested that the course would also focus on was the biological background of sports psychology, the student's opinion was that most of the course was very much for practical use especially for working with athletes. Another student expressed a wish to have more practical activities such as visits to sport clubs and so on. Our experience is that the students often appreciate applied perspectives. We try to meet the expectations as much as possible, with the main structure of the course as a frame we need to consider.

Summary of the evaluations of the teaching team

It was the first time the teachers in this course collaborated in this course together. We thought it went well, but of course we always try to improve and make things better. We have developed parts of the course for future use.

Analysis

Adapting the course to the students is perceived as a key factor. Focusing extra on practical examples to make the theory more alive could also be something to keep in mind.